

Williams

SEPTEMBER 21-29, 2017

Featuring  
Williams Guest Lecturer  
Professor Darra Goldstein

# Flavors of Sicily

A 9-Day Journey Through Coastal Towns,  
Archaeological Sites, and Vineyards  
in the Shadow of Mount Etna

*\*Vineyards, Villas, and the Volcano\**



# Williams

Dear Alumni, Parents and Friends:

I am pleased to invite you on a cultural and culinary adventure through Sicily. With exceptional wine and cuisine as our inspiration, Professor Darra Goldstein as our expert study leader, and a luxurious hotel as our home base, this special travel-study opportunity is not to be missed.

An intimate, small-group atmosphere and authentically Sicilian experience distinguish this 9-day program. Take in Sicily's archaeological masterpieces, including the ancient theatres of Taormina and Siracusa, and the Villa Romana del Casale mosaics in Piazza Armerina. Journey through the landscape with talented guides who will thoughtfully introduce you to the traditions of this glorious place. Converse with local winemakers, learn secrets from celebrated chefs, and taste boutique wines paired with iconic regional dishes.

Given the culinary aspects of this trip, it is only proper to have Professor Darra Goldstein with you. In addition to serving as professor of Russian at Williams, Darra is the founding editor of *Gastronomica: The Journal of Food and Culture*, named the 2012 Publication of the Year by the James Beard Foundation. She is currently the editor-in-chief of *Cured*, a new magazine on the art and science of fermentation, and has authored five cookbooks to date. Darra has been a popular leader of many past travel-study programs with Williams.

Our rates for Williams guests on this departure represent a significant savings (more than \$800 per couple) over that of non-affiliated guests. Space is limited, so please reserve online at <http://williams.orbridge.com>, by calling (866) 639-0079 or by returning the enclosed reservation form.

Sincerely,



Leila Derstine

Coordinator, Alumni Travel Study

Williams College

413-597-4011

## Free Wine Gift

AN EARLY RESERVATION BONUS

Reserve your space by **February 17, 2017** to receive six bottles of Sicilian wine featuring labels by vintners in the regions you will visit during this program!

*This Orbridge exclusive gift is to thank you for joining us early. Where shipping is prohibited by state law, guests in those states will receive other specialty items of comparable value. See reservation form for more details.\*\**



# Taste Sicilian Life

*See how Greek, Roman, Byzantine, Arab, Norman, German, French and Spanish influences have formed this magnificent island of fertility.*

We invite you to join our company of friendly Sicilian guides, chefs, and vintners for a discovery of the true Sicily. With breathtaking natural beauty, deep history, and a fabled cuisine that must be savored slowly, this is a journey that will allow you the time to explore and appreciate Italy's most colorful region.

From coastal towns and archaeological sites to farms and vineyards in the shadow of Mount Etna, Sicily offers a bounty for the mind, heart, and all the senses

*Benvenuti!*







## Your 9-Day Itinerary\*

- Day 1:** En route from U.S.
- Day 2:** Arrive in Catania, Sicily / Taormina (R,D)  
San Domenico Palace guided history and art walk, welcome dinner
- Day 3:** Taormina (B,L)  
Guided city walk, ancient Greek theatre, seaside lunch
- Day 4:** Piazza Armerina (B,L)  
Guided visit to UNESCO World Heritage Site of Villa Romana del Casale, 4th-Century Roman mosaics, Sicilian lunch
- Day 5:** Viagrande / Catania (B,L)  
Outdoor market visit, cooking class, wine tasting at Benanti winery (winner of over 80 awards since 1994)
- Day 6:** Mount Etna (B,L)  
Visit to highest active volcano in Europe and UNESCO World Heritage Site or leisure time at hotel; lunch and wine tasting at award-winning Planeta winery
- Day 7:** Siracusa / Ortigia (B,D)  
UNESCO World Heritage Site founded by Greek Corinthians and Teneans, Roman amphitheatre, seaside stroll, exclusive dinner at a 2-Michelin-star restaurant
- Day 8:** Taormina (B,L,D)  
Cooking class, farewell dinner at Les Bouganvillees Restaurant
- Day 9:** Depart Catania, Sicily (B)

**Optional Extension:** Days 9-12 in Palermo

**Activity Level:** Guests should be able to enjoy two hours or more of walking, be sure-footed on cobbled surfaces, and walk up and down stairs without assistance.

## Program Highlights

- Tour Sicily’s main attractions, admire the stunning surroundings, and relax in the exceptional comforts of your stately hotel overlooking Taormina Bay.
- Working side-by-side in the kitchens of celebrated chefs, learn time-tested techniques and modern twists with locally grown food and boutique wines.
- Visit the coastal towns of Taormina, Catania, and Siracusa.
- Experience for yourself the vivid, flamboyant outdoor markets that breathe life into everyday shopping in Sicily.
- Take in Sicily’s archaeological masterpieces: the ancient theatres of Taormina and Siracusa, and the Villa Romana del Casale mosaics in Piazza Armerina.

## What’s Included

- 7 nights accommodations at the 5-star San Domenico Palace Hotel
- 7 breakfasts, 5 lunches, and 3 dinners served with wine
- All lessons, private tours, and unique small-group excursions noted on the 9-day itinerary
- Full guiding services of an Orbridge Travel Director and expert local guides
- Private motor coach transportation, luggage handling, and airport transfers for guests arriving and departing during the suggested times
- Gratuities to Orbridge Travel Director, local guides, wait staff for included meals, drivers, and porters

*\*Subject to change.*





## Your Accommodations\*

Built in an ancient Dominican monastery, San Domenico Palace Hotel’s luxurious, 5-star accommodations provide the ideal balance between style and comfort.

Carved into a rocky hillside on the east coast of Sicily, this enchanting property overlooks Taormina Bay with mesmerizing views of nearby Mount Etna.

Stroll the grounds and discover the fragrant gardens, and enrich your senses breathing in the fresh breeze off the Ionian Sea.

Property amenities include two restaurants (one is rated 2-Michelin-stars), two bars, free Wi-Fi zone, spa, and fitness center.

**Classic:** Spacious and bright, this classically appointed room overlooks either the Cloisters or the town of Taormina.

**Deluxe:** Perched from this delightful room’s balcony, you will have spanning views of either Taormina Bay or the Greek theatre.

All rooms include air conditioning, LCD television with satellite channels, Wi-Fi internet (charges apply), telephone, en suite bathroom with bathtub and shower, hair dryer, safe deposit box, mini-bar.



San Domenico Palace Hotel Courtyard

## Insider, Interpreter, Epicure, Host

Your Orbridge Travel Director will infuse your journey with an epicure’s appreciation of food and wine, a local’s knowledge and pride of place, and a travel aficionado’s ability to gather the beauty of all senses to your discoveries in Sicily.







Optional Extension

Palermo

Enjoy Sicily's fascinating and bustling capital, Palermo. The city, which is over 2,700 years old, is rich in history, culture, art, music, and gourmet cuisine. Also visit Cefalù—home to just 14,000 residents and one of the most popular attractions near Palermo. Cefalù is known for its various Greek ruins, delightful streets lined with colorful shops, and its sandy beaches.

Extension Itinerary\*

- Day 9:

Depart Taormina /  
Arrive in Palermo (B)  
Panoramic city tour including the opera house Teatro Politeama, "La Cala," Piazza Indipendenza, Porta Nuova, Piazza del Parlamento, the gardens of Villa Bonanno, and visit inside Monreale Cathedral
- Day 10:

Palermo / Cefalù (B)  
Guided walking tour, Teatro Massimo, Mercato di Capo, Jewish Quarter, seaside village of Cefalù
- Day 11:

Palermo (B)  
Day at leisure
- Day 12:

Depart Palermo for U.S. (B)

What's Included

- Group transfer from Taormina to Palermo.
- Three nights accommodations at Grand Hotel Villa Igiea (or similar), with breakfast each morning.
- Panoramic tour of Palermo, including Teatro Politeama, "La Cala," Piazza del Parlamento, and visit inside Monreale Cathedral.
- Half-day guided walking tour in the historic center of Palermo.
- Introductory tour of Cefalù to see the old walls and beach.



Monreale Cathedral, Palermo



# Williams

## Flavors of Sicily

SEPTEMBER 21-29, 2017

Palermo Extension: September 29 - October 2, 2017

- ☐ **Option 1:** Reserve online now at <http://williams.orbridge.com> or call (866) 639-0079.
- ☐ **Option 2:** Secure your reservation with a deposit charged to the credit card below, or with an enclosed check payable to: Orbridge LLC.

### SPECIAL RATE

Category	Standard Rate	Special Rate*
Classic Double	<del>\$5,399</del>	\$4,995
Deluxe w/Sea View	<del>\$6,399</del>	\$5,995
Classic Single	<del>\$7,399</del>	\$6,995

Palermo Extension: \$1,695\*

Single Extension: \$2,195

### Guest Information:

Guest #1 Name: \_\_\_\_\_ Class Year \_\_\_\_\_

Guest #2 Name: \_\_\_\_\_ Class Year \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Category Preference (if applicable): 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

### Deposit:

(#) \_\_\_\_\_ guests joining program (\$850/person) +

(#) \_\_\_\_\_ guests joining extension (\$500/person) = **Total deposit: \$** \_\_\_\_\_

### Deposit Payment:

☐ Check enclosed ☐ Online Check/ACH ☐ MasterCard/Visa ☐ American Express ☐ Discover

Card #: \_\_\_\_\_ Exp. date: \_\_\_\_\_ CVV: \_\_\_\_\_

Name (as printed on card): \_\_\_\_\_

Billing address (if different from above): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/we have read, understand, and agree to the full Terms & Conditions at <http://terms.orbridge.com> and detailed in program documents; and that Orbridge LLC is authorized to charge my credit card above and/or take my/our deposit for this program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Mail or fax  
reservation form  
and deposit to:**

Orbridge  
P.O. Box 10339, Bainbridge Island, WA 98110  
Fax: (206) 452-5655

**Reserve by February 17, 2017 for a FREE Orbridge Wine Gift\*\***

**Registration, Deposits and Final Payment.** To confirm and secure your reservation, a deposit of \$850 per person per program, a deposit for any extension(s), and any non-refundable advanced payments, payable by check, online check/ACH, money order, wire transfer of same day U.S. funds, or major credit card, is due at the time of registration. Final payment, including any extension(s) and optional(s), is payable by check, online check/ACH, money order, or wire transfer of same day U.S. funds ONLY and due no later than 90 days prior to the scheduled program departure date. If your reservation is made fewer than 90 days prior to departure, the entire cost of the program, including any extension(s) and optional(s), is due at the time of registration by check, money order, or wire transfer of same day U.S. funds ONLY. If final payment is not received by Orbridge at least 90 days prior to the scheduled program departure date, Orbridge may, at any time and with or without notice, cancel your reservation in its sole discretion with no right of refund. All payments we receive from you are herein defined as "Payments." CST#2098750-40 WST#602828994

**Cancellations and Refunds.** All cancellations must be submitted to Orbridge in writing and will be subject to a cancellation fee ("Cancellation Fee") as follows: (a) if the cancellation notice is received by Orbridge 275 or more calendar days prior to the scheduled departure date, all deposits will be fully refunded; (b) if the cancellation notice is received by Orbridge between 274 and 151 days prior to the scheduled departure date, the Cancellation Fee will be \$500 per person per program and \$300 per person per program for extensions; (c) if the cancellation notice is received by Orbridge between 150 and 91 days prior to the scheduled departure date the Cancellation Fee will be the full deposit per person per program including any extension; (d) if the cancellation notice is received by Orbridge 90 or fewer days prior to the scheduled departure date, the Cancellation Fee will be the full program price. In addition to and not in lieu of the foregoing, a Cancellation Fee equal to 100% of the carrier charge applies to all non-refundable airfares due to your cancellation made at any time prior to the scheduled program departure date, as applicable. Refunds, if any, of any Payments in excess of the aggregate Cancellation Fee shall be processed within 30 calendar days of our receipt of your written notice.

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\*Special group rate; limited offer. Rates are per person based on double occupancy except where noted as Single, in U.S. dollars. Airfare not included. Single availability limited. \*\*Place your deposit on or before the specified date, and one Orbridge Wine Gift per room reserved will ship after receipt of final payment. Where prohibited by state law (including, but not limited to AR, DE, KY, MA, MD, MS, NH, NJ, OK, PA, RI, SD, TX, UT and VT), guests will receive alternative specialty items of comparable value. All Wine Gifts are handled by an independent third party.

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Flavors of Sicily

SEPTEMBER 21-29, 2017

Special Alumni Rate: **Save more than \$800**  
per couple

Williams Guest Lecturer: Professor Darra Goldstein

Darra Goldstein is the Willcox B. and Harriet M. Adsit Professor of Russian at Williams College and Founding Editor of *Gastronomica: The Journal of Food and Culture*, named the 2012 Publication of the Year by the James Beard Foundation. She is currently the editor-in-chief of *Cured*, a new magazine on the art and science of fermentation. She has published widely on literature, culture, art, and cuisine and has organized several exhibitions. She is also the author of five cookbooks, including *The Georgian Feast*, winner of the 1994 IACP Julia Child Award for Cookbook of the Year.



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